

# Balance Bowls

New



Murray Edwards  
College  
University of Cambridge

If you have any questions or wish to make a booking, please contact our friendly events team.

[www.murrayedwardsevents.com](http://www.murrayedwardsevents.com)  
e: [events@murrayedwards.cam.ac.uk](mailto:events@murrayedwards.cam.ac.uk)  
t: 01223 762267

Served with Fresh Fair Trade Tea & Coffee, Clipper Herbal Teas, Orange Juice & Iced Water

Balance Bowls..... £19.00

## Base *(all vegan)*

Sweet Potato, Chana Masala, Red Onion, Crispy Kale  
Seasonal Roast Vegetables, Quinoa and Pomegranate  
Brown Rice, Black Beans, Avocado and Tomato Salsa

## Vegan

Basil Tofu  
Homemade Falafel  
Spicy Cauliflower "Wings"

## Fish and Seafood

Poached Salmon Pieces

## Meat

Chimichurri Grilled Chicken

## Desserts *(both vegan)*

Chocolate and Courgette Cake  
Fruit Salad, Lime Syrup



*Delight delegates with something new*

**Nourishing and satisfying bowls to fill you up.**

**1. Select one base for your group.**

**2. Select 3 toppings so delegates can personalise their bowl.**

**Additional toppings are £3.00 each**

Prices are exclusive of VAT unless otherwise stated.

We can cater for most dietary requirements if we are advised at least two weeks before your event. There may be a surcharge.

All meals are prepared using the finest and freshest local produce and include seasonal herbs, vegetables and fruit from the College gardens wherever possible.

Please note, food is prepared in an environment where nuts are present.